



**ERTHEO**

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**FC PORTO VALENCIA  
HIGH-PERFORMANCE  
INTENSIVE WINTER  
SOCCER PROGRAMS  
2019/2020**

**[Ertheo.com](http://Ertheo.com)**

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## PROGRAM OVERVIEW

**Location:** Enguera, Valencia, Spain

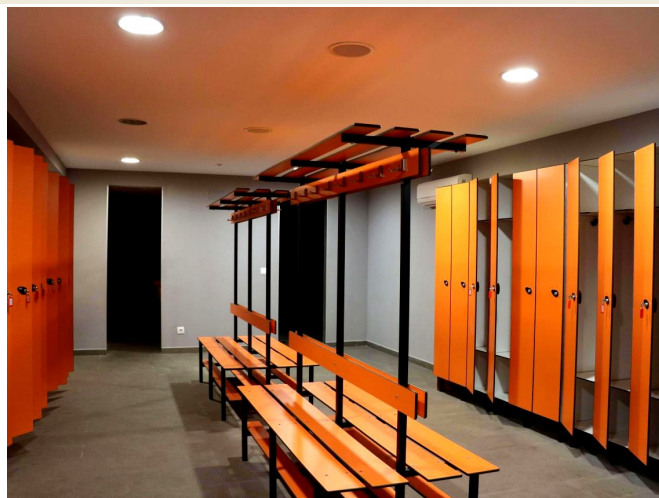
**Ages:** 12—21 (boys and girls)

**Level:** Advanced

The FC Porto Valencia High-performance Intensive Winter Soccer Programs take place at the high-performance soccer academy in Enguera, Valencia, Spain. The academy offers boys and girls from 12 to 21 years old the chance to train alongside talented, full-time academy students for one to six weeks during the scholastic year. Start dates and program durations are flexible.

Most young soccer players attend winter soccer programs at the FC Porto Valencia High-performance Academy to **experience life as a full-time academy student** and/or **to try out for the academy's full-year program**.

The Intensive Winter Soccer Programs, as well as the full-year program at the academy, are ideal for advanced/elite soccer players looking to take their game to the next level and determine their opportunities to play at a professional or semi-professional level.



## ACADEMY HISTORY

The FC Porto Valencia High-performance Academy stands out for their affiliation with FC Porto, a top-flight Portuguese team. All coaches at the academy are official coaches from the club and teach according to the club's methodology. Additionally, the academy provides FC Porto try-out opportunities for their full-year students - a great opportunity for soccer players interested in eventually playing professionally. Full-time students at the academy compete on the academy's youth team called FC Porto Dragonforce - a project started by FC Porto to support the growth and development of youth players.

The academy features stellar facilities fit for professional football clubs. In fact, FC Porto and other world-renowned football clubs use the academy for training and a place to stay while on the road. Would you like to train at facilities fit for a pro?



FC Porto  
**DRAGON**  
VALENCIA  ENGUERA  
**FORCE**

# TRAINING

**Skill level:** Advanced

**Additional soccer education:** Video Analysis, Nutritional Seminars, Sport Psychology Workshops

**Students per training group:** 10—15 students

**Training language:** Spanish (all coaches speak English with the exception of two)

**Training intensity:**



Training at the FC Porto Valencia High-performance Holiday Winter Soccer Camp is only suitable for advanced players who are dedicated to improving their skills over the holiday break.

Official FC Porto coaches teach the young soccer players according to their methodology called Tactical Periodization. With Tactical Periodization, participants in the academy's Intensive Winter Programs learn according to different phases of match play - attacking, defending, and transitioning from offense to defense and vice versa.

The methodology was created by Vitor Frade, a retired professor from the Universidad de Oporto and the current Director of Methodology at FC Porto. Many successful coaches teach according to the Tactical Periodization methodology including José Mourinho of Manchester United, Rui Faria of Qatari Al-Duhail SC, and André Villas-Boas of Olympique de Marseille.

The FC Porto Valencia High-performance Academy also stands out for their personalized approach to training. All participants receive their own performance training reports outlining their strengths and weaknesses along with a plan for improvement.

Would you like to learn about your strengths and weaknesses so you can become a better player? Would you like to train at some of the best training facilities in the world? The FC Porto Valencia High-performance Winter Holiday Soccer Camp is the right option for you.



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## TRAINING FACILITIES

**Training surface:** Natural turf

**Additional training facilities:** Gymnasium, Locker room, Physical therapy center, Medical clinic

**Quality:** ★★★★★



Training facilities at the FC Porto Valencia High-performance Academy are top-of-the-line facilities fit for professional clubs.

They include a full-size natural grass field that meets FIFA's official measurements for international competitions, a full-size artificial field with 3G synthetic surface technology, and a small natural grass field for goalkeeper training and for technical training sessions.

## COACHES

**Licenses:** Official FC Porto coaches, UEFA Pro License

**Coaching experience:** Coaches have coached players like Rubén Neves of Wolverhampton Wanderers FC and Andre Silva of AC Milan

**Playing experience:** Professional experience in La Liga, Portuguese national player, experience on youth academy teams

**Languages:** Portuguese, Spanish, English, some Catalan, some Italian (With the exception of 2 coaches, all coaches speak English fluently)

Coaches at the FC Porto Valencia High-performance Academy are all trained by FC Porto - a world-renowned Portuguese soccer club. They have experience training the academy's full-time students and coaching the academy's FC Porto youth team known as FC Porto Dragonforce. Some of the coaches' most successful alumni include Rubén Neves of Wolverhampton Wanderers FC and Andre Silva of AC Milan.

Additionally, all coaches (with the exception of two) speak fluent English. Many coaches also speak Portuguese, French, and Catalan in addition to Spanish and English. The academy also has nutritionists and dieticians on staff to educate the participants about healthy eating habits for young athletes and to prepare healthy meals for the participants during their stay at the academy.

## ACCOMMODATION

**Name of facilities:** FC Porto Valencia High-performance Academy Student Residence

**Location:** Adjacent to the fields (same campus)

**Type of rooms:** Double (each with 2 queen beds) - 2 students per room

**Bathroom:** Private

**Quality:** ★★★★★

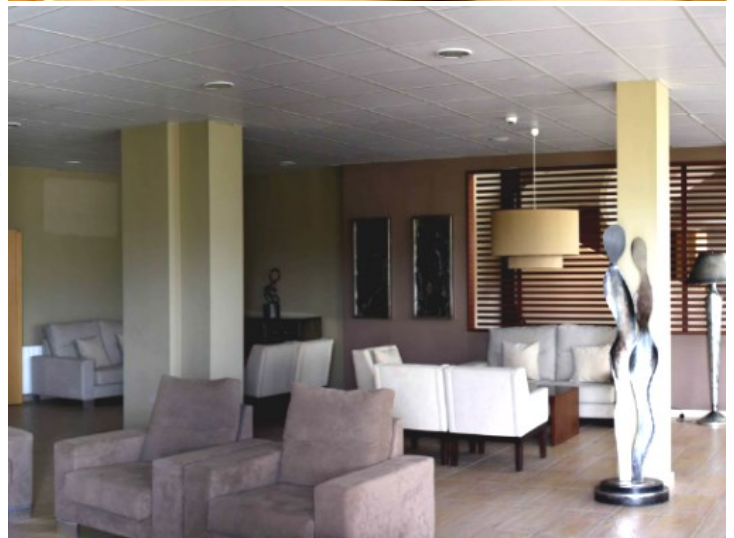
Participants in the FC Porto Valencia High-performance Intensive Winter Soccer Programs find accommodation at the academy's own student residence which is located right next to the training facilities. Participants can wake up, get dressed, and walk straight to the training fields.

They stay in comfortable, air-conditioned double rooms with private bathrooms. The rooms have closet space for the participants to store their belongings as well as desk space for them to complete any assignments they might have during their stay.

Common areas in the residence include a lounge with a TV and a game room which includes a Ping-Pong table, billiards, and a video game console for participants' enjoyment. The residence also has free Wi-Fi so the participants can use their personal laptops and/or contact their families during free time.

The young athletes enjoy buffet-style meals served on-site. All meals are carefully prepared for them by qualified dieticians.

Residence staff is available at all times to assist the participants with anything they might need while at the residence.



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## SAFETY AT THE CAMP/ACADEMY

The FC Porto Valencia High-performance Academy location is one of its strongest assets in terms of safety. The academy is located in Enguera, Valencia, Spain. Spain is considered a safe country, ranked 17 out of 162 on Safe Around's Country Safety Index. Enguera is a small town outside of Valencia, Spain with just under 5,000 inhabitants. The academy's location is quiet and peaceful.

Additionally, all of the facilities at the FC Porto Valencia High-performance Academy are located on the same campus which means students don't need to travel to and from their training sessions.

Finally, the academy also employs athletic trainers and physical trainers for the participants in the event of injury. They have their own medical clinic and physical therapy center.



## ADVICE FROM ERTHEO



We recommend the FC Porto Valencia High-performance Intensive Winter Soccer Programs for soccer players who are serious about improving their skills in a short period of time. We also recommend these programs for high-performance athletes who prefer to pay a little extra for high-quality accommodation.

If you're interested in participating in an intensive soccer program with official FC Porto coaches during the course of the scholastic year, you should consider

a winter soccer program at the FC Porto High-performance Academy in Valencia. The academy is flexible with start dates and durations. Contact Ertheo to learn more.

### About the full-time program

*"To come here has been one of the best decisions of my life. My coach suggested the possibility, and I didn't think twice. The trainings are very intense, always with the ball, and the coaches spend many hours working on improving the weaknesses of each player. The experience is unique at this academy. The other guys are already like my brothers, and I have learned a lot with them."*

~José Miguel Ocampos Ramírez



## PROGRAM OBJECTIVES



To try out to attend the academy as a full-time student during the scholastic year. Live, train, and study at the academy.



To live a unique experience learning about soccer in one of the most successful soccer countries in the world.



To get to know the methodology of FC Porto with official coaches from the world-famous Portuguese club



## PROGRAM HIGHLIGHTS



Training facilities and accommodation located on the same campus. Just a short walk from the residence to the soccer fields which means maximum security for the students



The academy also accepts girls who play at an advanced/elite level. Girls are placed in the same training group as boys of a similar level. Looking for intensity? This is your program.



Top-of-the-line training facilities and accommodation. Students train on exceptionally well-kept fields and find accommodation in luxurious residences fit for professional soccer players.



Flexible start dates means you can start the program at anytime during the scholastic year. Choose this academy for a chance to work around your vacations and your exams.

### THIS PROGRAM IS FOR YOU IF...

- You're a fan of FC Porto and want to learn more about their philosophy, methodology, and style of play
- You're interested in attending a full-time academy program at the FC Porto Valencia High-performance Academy
- You're interested in learning about your personal strengths and weaknesses as well as how you can advance your soccer career
- You're interested in a complete and holistic soccer education, not just field time.

### THIS PROGRAM IS NOT FOR YOU IF...

- You're hoping to train intensely for many hours a day. Students at this academy don't train for many hours. They spend a lot of time learning off the field.
- You have no interest in learning according to the methodology of FC Porto
- You don't speak any Spanish and are not interested in learning

## PRICES AND DATES

Prices include the training program, accommodation, and full room and board.

### Basic Description

For advanced/elite soccer players (boys and girls) from 12 to 21 years old who want to spend one to six weeks of the school year training alongside full-time academy students at the FC Porto High-performance Academy in Valencia.

### Start dates

- Flexible

### Price

Duration	Price
1 Week	<u>2249 €</u>
2 Weeks	<u>3079 €</u>
3 Weeks	<u>4164 €</u>
4 Weeks	<u>5194 €</u>
5 Weeks	<u>6224 €</u>
6 Weeks	<u>7254 €</u>



These courses are subject to a registration fee of 115€ charged by the camp.

## EXTRA SERVICES

You can purchase one of the extra services below at an additional cost:

### Extra services

- [Standard transfer service](#) (transportation to the camp from the closest airport or train station) - 100€ one way (200€ round trip)
- [Unaccompanied Minor](#) (a monitor with the student during their flight) - Ask Ertheo
- [Travel/medical insurance](#) - Ask Ertheo
- [Cancellation insurance](#) - Ask Ertheo

Transportation to the camp (flights/trains) not included.

### Nearest airports/train station:

- Valencia Airport - 100€ one way

### Other available destinations

- Alicante Airport - 180€ one way

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## HOW TO SIGN UP

Interested in signing up? Click **Ask Ertheo** to talk to one of our Sports Program Consultants about the program. Or click **Sign up now** to receive a personalized quote and start the registration process.

Our clients who ask for our guidance are much more satisfied with their overall experience. Talk to one of our consultants before you choose a program to make sure you're making the right decision.

### Option 1 (RECOMMENDED)\*

- |   |  |  |   |
|---|--|--|---|
| 1. Click <b>Ask Ertheo</b> to fill out a short questionnaire and ask any question you might have about the program. | 2. <b>Discuss your options and questions</b> with one of our Sports Program Consultants. | 3. <b>Select a program</b> and receive a personalized quote. | 4. <b>Make the first payment</b> to start the registration process. |
|---|--|--|---|

Ask Ertheo

### Option 2

- |  |   |   |
|--|---|---|
| 1. Click <b>Sign up now</b> to receive a personalized quote. | 2. <b>Receive a personalized quote</b> along with additional information about the program. | 3. <b>Make the first payment</b> to start the registration process. |
|--|---|---|

Sign up now



# ERTHEO

EDUCATION & SPORTS

## ABOUT ERTHEO

At Ertheo, we believe that as much as young athletes deserve the chance to be successful, parents deserve to feel confident that they've made the right decision to support their child's development as athletes, scholars, and as people. That's why we made it our mission not only to offer and endorse the best youth sports programs in the world for athletic improvement and personal development, but also to provide athletes and their parents with expert advice for choosing the right program to support their goals.



## HOW DO WE DO IT

**Careful selection** - Your athletic improvement, academic success, and personal growth are important to us. We want to make sure that all of our programs support your goals, and of course, that all our programs are safe. That's why, when we're considering offering a new program, we visit the academy's facilities, talk to the coaches and camp directors, and get feedback from past participants. If we like what we see and hear, we'll offer and endorse their programs. If not, we won't offer them to you.

**Thorough research** - We thoroughly research all our programs so we know which ones are best for your athletic improvement, academic success, and growth as a person. We research the knowledge and experience of the coaches, the skill level of camp participants, the number of players in each training group, the hours of training per week, the coaching methodologies, etc. Then, we use our expertise to help you choose the right program for your personal objectives.

**Helpful relations** - When we begin working with a camp or academy, we immediately begin building a relationship with them. We do this so we can help each other improve, and so we can provide you with a better experience. Ertheo students are a priority for the camps and academies. If you come to us with questions or concerns during your time at camp, we'll contact the camp or academy for you to help solve the problem. Our relationships with our program providers help us guarantee that our students are satisfied with their overall experience.



**Youth sports programs** - We offer and endorse the best youth sports programs in the world. All our programs ensure athletic improvement, academic development, and personal growth and prepare students for success in all three areas. [See all programs](#)



**Professional guidance** - We provide comprehensive, sincere, and personalized customer service to help athletes and their parents choose the right program to improve their skills and achieve their goals.



**Additional resources** - We provide all our students with additional resources to help them reach their full potential in sports, education, and in life.

# Thank you for choosing Ertheo!



## ERTHEO

EDUCATION & SPORTS

Do you have any questions? We'd be happy to help.  
Send us an email, or call us at one of the numbers listed below.

Email

[info@ertheo.com](mailto:info@ertheo.com)

Phone numbers:

Spain (+34) 951 204 061  
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