

The background of the central section is a photograph of a soccer field. It is overlaid with a dark teal color. In the foreground, a person is seen from behind, holding a camera on a tripod. In the background, several soccer players are visible on the field, some in motion. The text "FC PORTO VALENCIA HIGH-PERFORMANCE WINTER HOLIDAY SOCCER CAMP" is written in large, bold, white capital letters across the center of the image.

FC PORTO VALENCIA HIGH-PERFORMANCE WINTER HOLIDAY SOCCER CAMP

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PROGRAM OVERVIEW

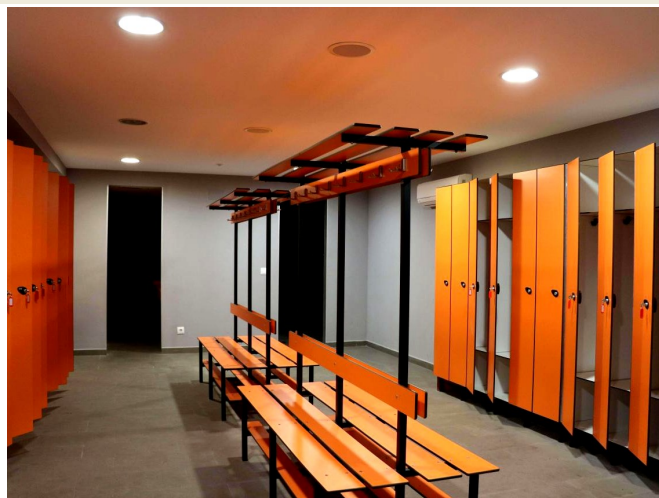
Location: Enguera, Valencia, Spain

Ages: 12—21 (boys and girls)

Level: Advanced

The FC Porto Valencia High-performance Winter Holiday Soccer Camp takes place in Enguera, Valencia, Spain during the winter holiday break. The academy offers boys and girls from **12 to 21 years old** the chance to experience professional-style training and learn the methodology and philosophy of the world-famous Portuguese soccer club.

The Winter Holiday Soccer Camp in Enguera, Valencia is the perfect opportunity for advanced soccer players to take advantage of their winter break. Camp participants work on their individual skills, technique, precision and power of shots, progression of passing skills, as well as match preparation. They also learn about proper nutrition and sports psychology. Not to mention, the FC Porto Valencia High-performance Academy features state-of-the-art facilities fit for professional soccer clubs. In fact, FC Porto along with other prestigious clubs use the facilities to train while they're on the road. Do you want to train like a pro?



ACADEMY HISTORY

The FC Porto Valencia High-performance Academy stands out for their affiliation with FC Porto, a top-flight Portuguese team. All coaches at the academy are official coaches from the club and teach according to the club's methodology. Additionally, the academy provides FC Porto try-out opportunities for their full-year participants - a great opportunity for soccer players interested in eventually playing professionally. Full-time participants at the academy compete on the academy's youth team called FC Porto Dragonforce - a project started by FC Porto to support the growth and development of youth players.

The academy features stellar facilities fit for professional football clubs. In fact, FC Porto and other world-renowned football clubs use the academy for training and a place to stay while on the road. Would you like to train at facilities fit for a pro?



FC Porto
DRAGON
VALENCIA  ENGUERA
FORCE

TRAINING

Skill level: Advanced

Additional soccer education: Video Analysis, Nutritional Seminars, Sport Psychology Workshops

Participants per training group: 10—15 participants

Training language: Spanish (all coaches speak English with the exception of two)

Training intensity:



Training at the FC Porto Valencia High-performance Holiday Winter Soccer Camp is only suitable for advanced players who are dedicated to improving their skills over the holiday break.

Official FC Porto coaches teach the participants according to their methodology called Tactical Periodization. With Tactical Periodization, participants learn according to different phases of match play - attacking, defending, and transitioning from offense to defense and vice versa.

The methodology was created by Vitor Frade, a retired professor from the Universidad de Oporto and the current Director of Methodology at FC Porto. Many successful coaches teach according to the Tactical Periodization methodology including José Mourinho of Manchester United, Rui Faria of Qatari Al-Duhail SC, and André Villas-Boas of Olympique de Marseille.

The FC Porto Valencia High-performance Academy also stands out for their personalized approach to training. All participants receive their own performance training reports outlining their strengths and weaknesses along with a plan for improvement.

Would you like to learn about your strengths and weaknesses so you can become a better player? Would you like to train at some of the best training facilities in the world? The FC Porto Valencia High-performance Winter Holiday Soccer Camp is the right option for you.



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TRAINING FACILITIES

Training surface: Natural turf

Additional training facilities: Gymnasium, Locker room, Physical therapy center, Medical clinic

Quality: ★★★★★



Training facilities at the FC Porto Valencia High-performance Academy are top-of-the-line facilities fit for professional clubs.

They include a full-size natural grass field that meets FIFA's official measurements for international competitions, a full-size artificial field with 3G synthetic surface technology, and a small natural grass field for goalkeeper training and for technical training sessions.

COACHES

Licenses: Official FC Porto coaches, UEFA Pro License

Coaching experience: Coaches have coached players like Rubén Neves of Wolverhampton Wanderers FC and Andre Silva of AC Milan

Playing experience: Professional experience in La Liga, Portuguese national player, experience on youth academy teams

Languages: Portuguese, Spanish, English, some Catalan, some Italian (With the exception of 2 coaches, all coaches speak English fluently)

Coaches at the FC Porto Valencia High-performance Academy are all trained by FC Porto - a world-renowned Portuguese soccer club. They have experience training the academy's full-time participants and coaching the academy's FC Porto youth team known as FC Porto Dragonforce. Some of the coaches' most successful alumni include Rubén Neves of Wolverhampton Wanderers FC and Andre Silva of AC Milan.

Additionally, all coaches (with the exception of two) speak fluent English. Many coaches also speak Portuguese, French, and Catalan in addition to Spanish and English. The academy also has nutritionists and dieticians on staff to educate the participants about healthy eating habits for young athletes and to prepare healthy meals for them during their stay at the academy.

ACCOMMODATION

Name of facilities: FC Porto Valencia High-performance Academy Student Residence

Location: Adjacent to the fields (same campus)

Type of rooms: Double (each with 2 queen beds) - 2 participants per room

Bathroom: Private

Quality: ★★★★★

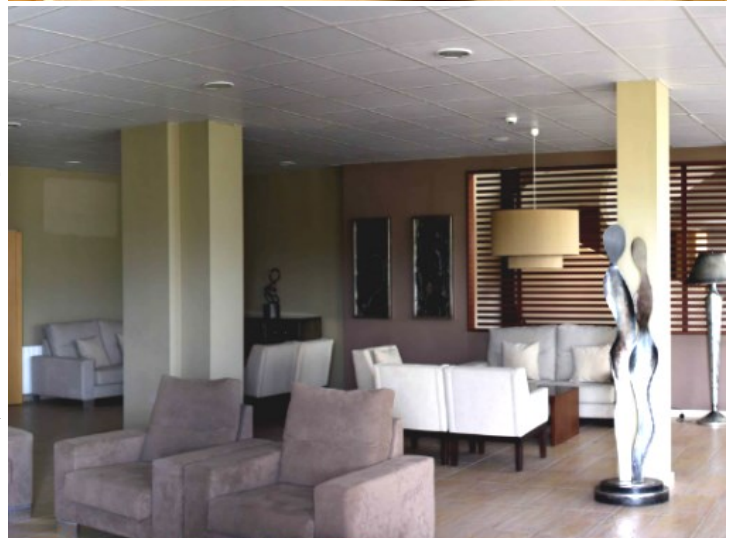
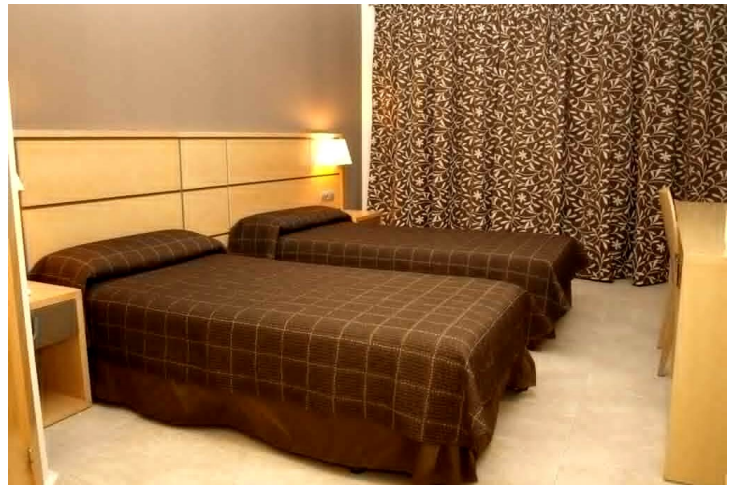
Participants in the FC Porto Valencia High-performance Winter Holiday Soccer Camps find accommodation at the academy's own student residence which is located right next to the training facilities. Participants can wake up, get dressed, and walk straight to the training fields.

They stay in comfortable, air-conditioned double rooms with private bathrooms. The rooms have closet space for the participants to store their belongings as well as desk space for them to complete any assignments they might have during their stay.

Common areas in the residence include a lounge with a TV and a game room which includes a Ping-Pong table, billiards, and a video game console for participants' enjoyment. The residence also has free Wi-Fi so they can use their personal laptops and/or contact their families during free time.

Participants enjoy buffet-style meals served on-site. All meals are carefully prepared for them by qualified dieticians.

Residence staff is available at all times to assist the participants with anything they might need while at the residence.



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SAFETY AT THE CAMP/ACADEMY

The FC Porto Valencia High-performance Academy location is one of its strongest assets in terms of safety. The academy is located in Enguera, Valencia, Spain. Spain is considered a safe country, ranked 17 out of 162 on Safe Around's Country Safety Index. Enguera is a small town outside of Valencia, Spain with just under 5,000 inhabitants. The academy's location is quiet and peaceful.

Additionally, all of the facilities at the FC Porto Valencia High-performance Academy are located on the same campus which means participants don't need to travel to and from their training sessions.

Finally, the academy also employs athletic trainers and physical trainers for the participants in the event of injury. They have their own medical clinic and physical therapy center.



ADVICE FROM ERTHEO



We recommend the FC Porto Valencia High-performance Holiday Winter Soccer Camp for soccer players who want to dedicate their winter holiday break to training in impressive, state-of-the-art facilities.

At the Holiday Winter Soccer Camp, you'll learn a new methodology called Tactical Periodization, you'll learn about your strengths and weaknesses and how to improve, and you'll receive nutritional guidance and psychological support from qualified and experienced professionals.

If you'd like to take advantage of your winter holiday break to learn from official FC Porto coaches, sign up now.

About the full-time program

"To come here has been one of the best decisions of my life. My coach suggested the possibility, and I didn't think twice. The trainings are very intense, always with the ball, and the coaches spend many hours working on improving the weaknesses of each player. The experience is unique at this academy. The other guys are already like my brothers, and I have learned a lot with them."

~José Miguel Ocampos Ramírez



PROGRAM OBJECTIVES



To train with some of the best coaches and young soccer players in the world



To live a unique experience learning about soccer in one of the most successful soccer countries in the world.



To get to know the methodology of FC Porto with official coaches from the world-famous Portuguese club



PROGRAM HIGHLIGHTS



Training facilities and accommodation located on the same campus. Just a short walk from the residence to the soccer fields which means maximum security for the participants



The academy also accepts girls who play at an advanced/elite level. Girls are placed in the same training group as boys of a similar level. Looking for intensity? This is your program.



Top-of-the-line training facilities and accommodation. Participants train on exceptionally well-kept fields and find accommodation in luxurious residences fit for professional soccer players.



Great for international students! All coaches (with the exception of two) speak fluent English. Many coaches also speak other languages like Portuguese, French, and Catalan in addition to English and Spanish.

THIS PROGRAM IS FOR YOU IF...

- You're a fan of FC Porto and want to learn more about their philosophy, methodology, and style of play
- You're interested in attending a full-time academy program at the FC Porto Valencia High-performance Academy
- You're train at an advanced level and would like to practice in training facilities fit for the pros
- You're an international student and would appreciate coaches being able to speak many different languages

THIS PROGRAM IS NOT FOR YOU IF...

- You don't play at an advanced level
- You have no interest in learning according to the methodology of FC Porto



PRICES AND DATES

Prices include the training program, accommodation, and full room and board.

Basic Description

For advanced soccer players (boys and girls) from 12 to 21 years old who want to spend their winter holiday break learning from official FC Porto coaches in Valencia, Spain.

Start dates

One week:

- December 22, 2019 – December 28, 2019
- December 29, 2019 – January 4, 2019

Two weeks:

- December 22, 2019 – January 4, 2019

Price

Duration	Price
1 Week	<u>1339 €</u>
2 Weeks	<u>2199 €</u>



These courses are subject to a registration fee of 115€ charged by the camp.

EXTRA SERVICES

You can purchase one of the extra services below at an additional cost:

Extra services

- [Standard transfer service](#) (transportation to the camp from the closest airport or train station) - 100€ one way (200€ round trip)
- [Unaccompanied Minor](#) (a monitor with the student during their flight) - Ask Ertheo
- [Travel/medical insurance](#) - Ask Ertheo
- [Cancellation insurance](#) - Ask Ertheo

Transportation to the camp (flights/trains) not included.

Nearest airports/train station:

- Valencia Airport - 100€ one way

Other available destinations

- Alicante Airport - 180€ one way

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HOW TO SIGN UP

Interested in signing up? Click **Ask Ertheo** or talk to one of our Sports Program Consultants about the program. Or click **Sign up now** to receive a personalized quote and start the registration process.

Our clients who ask for our guidance are much more satisfied with their overall experience. Talk to one of our consultants before you choose a program to make sure you're making the right decision.

Option 1 (RECOMMENDED)*

- | | | | |
|---|--|--|---|
| 1. Click Ask Ertheo to fill out a short questionnaire and ask any question you might have about the program. | 2. Discuss your options and questions with one of our Sports Program Consultants. | 3. Select a program and receive a personalized quote. | 4. Make the first payment to start the registration process. |
|---|--|--|---|

Ask Ertheo

Option 2

- | | | |
|--|---|---|
| 1. Click Sign up now to receive a personalized quote. | 2. Receive a personalized quote along with additional information about the program. | 3. Make the first payment to start the registration process. |
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Sign up now

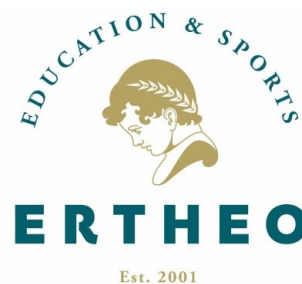


ERTHEO

EDUCATION & SPORTS

ABOUT ERTHEO

At Ertheo, we believe that as much as young athletes deserve the chance to be successful, parents deserve to feel confident that they've made the right decision to support their child's development as athletes, scholars, and as people. That's why we made it our mission not only to offer and endorse the best youth sports programs in the world for athletic improvement and personal development, but also to provide athletes and their parents with expert advice for choosing the right program to support their goals.



HOW DO WE DO IT

Careful selection - Your athletic improvement, academic success, and personal growth are important to us. We want to make sure that all of our programs support your goals, and of course, that all our programs are safe. That's why, when we're considering offering a new program, we visit the academy's facilities, talk to the coaches and camp directors, and get feedback from past participants. If we like what we see and hear, we'll offer and endorse their programs. If not, we won't offer them to you.

Thorough research - We thoroughly research all our programs so we know which ones are best for your athletic improvement, academic success, and growth as a person. We research the knowledge and experience of the coaches, the skill level of camp participants, the number of players in each training group, the hours of training per week, the coaching methodologies, etc. Then, we use our expertise to help you choose the right program for your personal objectives.

Helpful relations - When we begin working with a camp or academy, we immediately begin building a relationship with them. We do this so we can help each other improve, and so we can provide you with a better experience. Ertheo students are a priority for the camps and academies. If you come to us with questions or concerns during your time at camp, we'll contact the camp or academy for you to help solve the problem. Our relationships with our program providers help us guarantee that our students are satisfied with their overall experience.



Youth sports programs - We offer and endorse the best youth sports programs in the world. All our programs ensure athletic improvement, academic development, and personal growth and prepare students for success in all three areas. [See all programs](#)



Professional guidance - We provide comprehensive, sincere, and personalized customer service to help athletes and their parents choose the right program to improve their skills and achieve their goals.



Additional resources - We provide all our students with additional resources to help them reach their full potential in sports, education, and in life.

Thank you for choosing Ertheo!



ERTHEO

EDUCATION & SPORTS

Do you have any questions? We'd be happy to help.
Send us an email, or call us at one of the numbers listed below.

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