

ENGLAND HIGH-PERFORMANCE INTENSIVE WINTER SOCCER PROGRAMS 2019/2020

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PROGRAM OVERVIEW

Location: Stamford, England

Ages: 16—21 (boys only)

Level: Advanced/Elite

The England High-performance Intensive Winter Soccer Programs take place at the UK's first privately owned soccer academy, the <u>High-performance</u> <u>Soccer Academy in Stamford, England</u>. They offer boys from 16 to 21 years old the chance to train alongside full-time academy students for one to six weeks during the course of the scholastic year. Start dates and program durations are flexible.

Most participants attend Intensive Winter Soccer Programs at the High-performance Academy in England to **experience life as a full-time academy student** and/or **to try out for the academy's**



full-year program. The winter soccer programs, as well as the full-year program at the academy, are ideal for advanced soccer players looking to take their game to the next level and determine their opportunities to play at a professional or semi-professional level.

ACADEMY HISTORY



The academy is located in Stamford, England and was founded in 2007, making it the UK's first private football academy. They pride themselves on offering their students a holistic education to develop as both soccer players and as students. Many coaches at the academy are UEFA A certified, and many have coached, managed, and/or played for professional teams.

The academy also has an impressive list of alumni including Calaum Jahraldo-Martin, an Antigua and Barbuda International footballer,

and Manny Oyeleke, an English professional footballer who plays for EFL League Two side Port Vale as a central midfielder and right back.

TRAINING

Skill level: Advanced/Elite

Additional soccer education: Strength training & conditioning, Diet & nutrition guidance, Goalkeeping training

Students per training group: 16-20 students

Training language: English

Training intensity:

The winter soccer programs at the England Highperformance Academy are suited for **advanced/elite soccer players**. Players in the intensive winter soccer programs train alongside the academy's full-time students, making winter programs the perfect opportunity for players to test their skills against some of the most talented young players in the world.

Training highlights include:

- •Top-quality football training at The Borderville Sports Complex
- •Training with UEFA 'A' coaches and personalized advice from professional coaches and managers
- •An intensive football training regime from Monday -Saturday
- •Matches against League and Non-League opponents with the opportunity to impress scouts
- •Additional training and education like strength training & conditioning, diet & nutrition, goalkeeping coaching (if applicable)
- Physiotherapy if needed

Although participants in the Intensive Winter Soccer Programs play at an advanced/elite level, training is not particularly intensive. The academy believes in treating their students like professional athletes, and professional soccer players don't usually practice for more than a few hours per day.



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TRAINING FACILITIES

Training surface: Natural and artificial turf

Additional training facilities: Complete training gym





COACHES

The academy provides private transportation for their athletes each day to take them to and from the residence and the training complex.

student residence.

The complex features a number of high-caliber grass and artificial turf fields including a stadium with a capacity for 2,000 spectators.

Participants train at the Borderville Sport Complex in Stamford, England located 5 minutes by bus from the

Licenses: UEFA A License, UEFA B License

Coaching experience: Many coaches with 10+ years of experience coaching professional academy teams like the Kettering Town Academy, Northampton Town Academy, and the Peterborough United Academy

Playing experience: Professional playing experience for teams like Leicester City, Lincoln City, Northampton Town, Tottenham Hotspurs

Languages: English

Coaches at the England High-performance Academy possess various levels of UEFA qualifications including the A license (which is just one step below the highest level Pro License). Goalkeeper coaches also possess the Level 2 Goalkeeper Training License making them qualified coaches for the academy's rigorous goalkeeper training program.

Additionally, most coaches at the academy have 10+ years of experience coaching the youth academies of various official football clubs in England, meaning they've got plenty of experience coaching young, talented footballers, and they've got plenty of connections to important football clubs in England.

LANGUAGE CLASSES

Native teachers: Yes

Hours of class: 12 hours



The England High-performance Soccer Academy has partnered with the Stamford English Language Academy to offer English classes (levels A1 to B2) for their international students. English classes take place while full-time academy students are studying their secondary school courses or other required courses as a part of their complete curriculum.

Stamford Academy is accredited by the British Council and they're also certified as an official Cambridge ESOL Exam Preparation Center. The course is designed to focus on developing the four key language skills: Reading, Writing, Speaking, Listening. Students study for 3 hours per day with breaks throughout to total 12 weekly hours of class.



Out of the world's approximately 7.5 billion inhabitants, 1.5 billion speak English — that's 20% of the Earth's population.



English is the default language to communicate with people of different cultures and languages from all around the world.



English can greatly boost your hiring potential. Employers are looking for English speakers and are willing to pay more for them.



English is the language of business, science, and technology. If you're interested in these fields, you'll have to learn English.



THE BENEFITS OF AN INTERNATIONAL EXPERIENCE

Studying abroad or even attending an international program in your own country is one of the best ways to step out of your comfort zone and experience personal growth.

As students adapt to cultural differences and learn about other ways of life, they often improve their communication skills, problem-solving skills, and creative thinking. As a result, many students return home with more confidence in themselves and their abilities.

Sharing a challenging and unique experience is also one of the best ways to make deep connections and lasting friendships. Students who study abroad together often remain friends for life.

ACCOMMODATION

Name of facilities: The Garden House, 17th-century boutique hotel

Location: 5 minutes by bus from the academy

Type of rooms: 19 double rooms (some quadruple rooms)

Bathroom: Private

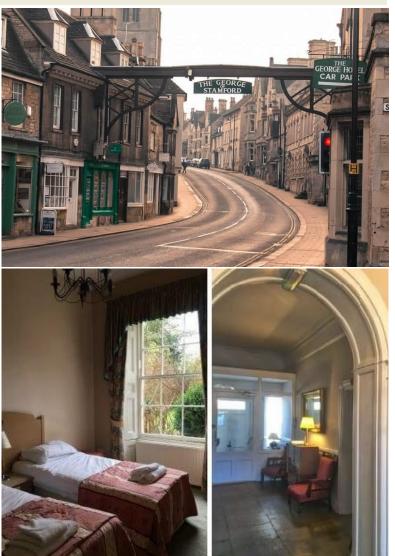


Participants in the England High-performance Intensive Winter Soccer Programs find accommodation at The Garden House, a quaint 17thcentury boutique hotel located just 5 minutes from the training facilities by bus.

The hotel consists of 19 rooms in total, exclusively inhabited by academy students, creating an ideal environment for young soccer players who are serious about improving their soccer skills. Particpants in the winter programs stay in comfortable double rooms (some quadruple) with private restrooms.

Common areas in the residence include a dining room, a study room, a lounge, and a game room where the young athletes can play billiards, Ping Pong, or video games during their free time.

The residence also has free WiFi for the young athletes so they can use their phones and/or laptop computers. Participants are also supervised 24/7 at the residence for their own safety.



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SAFETY AT THE CAMP/ACADEMY

One of the greatest safety assets of the England Highperformance Soccer Academy is its location. It's a quiet town with almost no violence and very little petty crime. As a result, students over 18 (or under 18 with parental permission) are allowed to leave the campus and explore the town, making it the perfect option for more mature and responsible students.

The academy is also quite small and hosts around 40 full-time academy students. The small size means staff members can pay more attention to the students and



their well-being. They also make an effort to get to know participants in their programs and make sure they feel at home while at the academy.

ADVICE FROM ERTHEO



The England High-performance Winter Soccer Programs are for soccer players who are serious about improving their skills in a short period of time. Participants in these programs join the full-time academy students as they attend professional-style soccer training sessions. Would you like to experience life as a full-time academy student at the England Highperformance academy?

If you're interested in participating in an intensive soccer program during the course of the scholastic year, a winter soccer program at the England High-

performance Academy might be a good option for you. The academy is flexible with start dates and durations.

"The main learning point at the Academy was the tactical understanding of the game, and there has been a lot of progression in my career since I gradutated."

~ Helder Pereira

I was learning more about myself all of the time and how I respond to certain situations. I couldn't imagine doing anything better than training and playing football everyday. It has been awesome.

~ Sheldon Lindesay



PROGRAM OBJECTIVES



To train and compete (friendly matches) with some of the best coaches and young soccer players in the world

To live a unique experience learning about soccer in one of the most successful soccer countries in the world



To focus and work on your skills in a quiet, peaceful environment ideal for concentrating on improvement



PROGRAM HIGHLIGHTS



Intensive training for advanced/elite soccer players. Train with experienced and qualified coaches alongside some of the most talented young athletes in the world



This academy only accepts boys that are highly focused on advancing their soccer career. Will you thrive in a disciplined environment with other soccer players who share your passion and dedication?

As a small, quiet town in rural England, Stamford is the ideal location for complete concentration on soccer, studies, and self-improvement.



A great opportunity to experience English culture. Participants reside in a quaint 17th century antique hotel which the academy turned into a student residence.

THIS PROGRAM IS FOR YOU IF...

•You're interested in attending a full-time academy program at the England Highperformance Academy

•You thrive in a close-knit family-like environment where staff members show interest in your personal growth and well-being

•You're responsible and will enjoy the freedom to leave the academy campus and explore the town of Stamford

•You're an international student with an intermediate/advanced level of English who wants to live and international experience and finetune your English

THIS PROGRAM IS NOT FOR YOU IF...

•You don't play at an advanced or elite level. Participants in intensive winter programs train with elite full-time academy students.

•You have a low level of English. Training takes place entirely in English which means participants must understand at least the basics.

•You need constant supervision because of behavioral issues. Participants in these programsare allowed to leave campus.

•Having fun is more important to you than your growth and improvement as a soccer player. The academy expects their students to be dedicated and disciplined.

PRICES AND DATES

Prices include the training program, accommodation, and full room and board.

Basic Description

For advanced/elite soccer players (boys only) from 16 to 21 years old who want to spend one to six weeks of the school year training alongside full-time academy students at the oldest private soccer academy in the UK.

Start dates

Flexible between these periods:

- 09 Sep 2019 19 Dec 2019
- 05 Jan 2020 03 Apr 2020
- 19 Apr 2020 22 May 2020

The official rate of this camp is determined in POUNDS, so the final amount in EUROS may vary slightly due to the fluctuation of both currencies.

These courses are subject to a registration fee of $121 \in$ charged by the camp.

Duration	Price
1 Week	<u>1733 €</u>
2 Weeks	<u>2910 €</u>
3 Weeks	<u>4088 €</u>
4 Weeks	<u>5265 €</u>
5 Weeks	<u>6442€</u>
6 Weeks	<u>7624 €</u>

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EXTRA SERVICES

You can purchase one of the extra services below at an additional cost:

Extra services

- English classes 200£ per week
- Standard transfer service (transportation to the camp from the closest airport or train station) 120£ one way
- <u>Unaccompanied Minor</u> (a monitor with the student during their flight) Ask Ertheo
- Travel/medical insurance Ask Ertheo
- <u>Cancellation insurance</u> Ask Ertheo

Transportation to the camp (flights/trains) not included.

Nearest airports/train station:

• Birmingham ariport – 120£ one way

Other available destinations (contact us for more information about price and transfer schedules):

- Luton £120
- Stansted £120
- Heathrow £150
- Gatwick £200

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HOW TO SIGN UP

Interested in signing up? Click **Ask Ertheo** o talk to one of our Sports Program Consultants about the program. Or click **Sign up now** to receive a personalized quote and start the registration process.

Our clients who ask for our guidance are much more satisfied with their overall experience. Talk to one of our consultants before you choose a program to make sure you're making the right decision.

Option 1 (RECOMMENDED)*

1. Click **Ask Ertheo** to fill out a short questionnaire and ask any question you might have about the program. 2. Discuss your options and questions with one of our Sports Program Consultants. **3. Select a program** and receive a personalized quote. **4. Make the first payment** to start the registration process.

Ask Ertheo

Option 2		
1 . Click Sign up now to receive a personalized quote.	2. Receive a personalized quote along with additional information about the pro- gram.	3. Make the first pay- ment to start the registra- tion process.

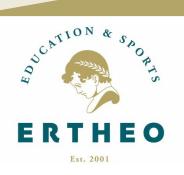
Sign up now





ABOUT ERTHEO

At Ertheo, we believe that as much as young athletes deserve the chance to be successful, parents deserve to feel confident that they've made the right decision to support their child's development as athletes, scholars, and as people. That's why we made it our mission not only to offer and endorse the best youth sports programs in the world for athletic improvement and personal development, but also to provide athletes and their parents with expert advice for choosing the right program to support their goals.



HOW DO WE DO IT

Careful selection - Your athletic improvement, academic success, and personal growth are important to us. We want to make sure that all of our programs support your goals, and of course, that all our programs are safe. That's why, when we're considering offering a new program, we visit the academy's facilities, talk to the coaches and camp directors, and get feedback from past participants. If we like what we see and hear, we'll offer and endorse their programs. If not, we won't offer them to you.

Thorough research - We thoroughly research all our programs so we know which ones are best for your athletic improvement, academic success, and growth as a person. We research the knowledge and experience of the coaches, the skill level of camp participants, the number of players in each training group, the hours of training per week, the coaching methodologies, etc. Then, we use our expertise to help you choose the right program for your personal objectives.

Helpful relations - When we begin working with a camp or academy, we immediately begin building a relationship with them. We do this so we can help each other improve, and so we can provide you with a better experience. Ertheo students are a priority for the camps and academies. If you come to us with questions or concerns during your time at camp, we'll contact the camp or academy for you to help solve the problem. Our relationships with our program providers help us guarantee that our students are satisfied with their overall experience.



Youth sports programs - We offer and endorse the best youth sports programs in the world. All our programs ensure athletic improvement, academic development, and personal growth and prepare students for success in all three areas. <u>See all programs</u>



Professional guidance - We provide comprehensive, sincere, and personalized customer service to help athletes and their parents choose the right program to improve their skills and achieve their goals.



Additional resources - We provide all our students with additional resources to help them reach their full potential in sports, education, and in life.

Thank you for choosing Ertheo!





Do you have any questions? We'd be happy to help. Send us an email, or call us at one of the numbers listed below.

Email

info@ertheo.com

Phone numbers:

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