



BARCELONA HIGH-PERFORMANCE INTENSIVE WINTER SOCCER PROGRAMS 2019/2020

Ertheo.com

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PROGRAM OVERVIEW

Location: Barcelona, Spain

Ages: 6 to 21 years old (boy and girls)

Level: Advanced/Elite

The Barcelona High-performance Intensive Winter Soccer Programs take place at one of the most successful residential soccer academies in Europe, the [Barcelona High-performance Soccer Academy](#). They offer boys and girls from 6 to 21 years old the chance to train alongside talented, full-time academy students for one to six weeks. Start dates and program durations are flexible.

Most participants attend winter soccer programs at the Barcelona High-performance Academy to **experience life as a full-time academy student** and/or **to try out for the academy's full-year program**. The intensive

winter soccer programs, as well as the full-year program at the academy, are ideal for advanced/elite soccer players looking to take their game to the next level and determine their opportunities to play at a professional or semi-professional level. Are you ready to improve your skills at one of the best soccer academies in Spain?



ACADEMY HISTORY



The academy was founded in 1978 by the ex-professional footballer, Francisco Javier Marcet who played for major clubs like Real Madrid, FC Barcelona, and Espanyol, as well as the Spanish National Team.

Marcet's ultimate goal was always to open his own academy where young athletes could learn to play without neglecting their education or their own personal development.

With over 40 years of experience, the Barcelona High-performance Soccer Academy has trained and prepared countless professional soccer players for success. Academy alumni include David Soria (goalkeeper of Getafe FC), Óliver Torres (central midfielder and forward for Sevilla FC), and Álvaro Fernández (goalkeeper for Málaga FC and the Spanish National team).

TRAINING

Skill level: Advanced/Elite

Additional soccer education: Audiovisual training, New technology Course, Technical analysis (all included in the price)

Students per training group: 12—14 students

Training language: Spanish (Coaches also speak basic English,

Training intensity:



Participants in the Intensive Winter Soccer Programs train alongside full-time academy students. In fact, attending one of the programs is a great way to try out for the academy's full-time programs. Participants follow the academy's famous training methodology which is based on the latest research in neuroscience and consists of 11 steps.

1. **Identify** - Identify the skills, knowledge, and values that professional soccer clubs will look for within the next 10 years
2. **Analyze** - Determine the importance of each skill or value for each position on the field
3. **Organize** - Organize the most important skills, knowledge, and values into a checklist so teachers can easily identify the extent to which the student demonstrates them
4. **Assess** - Assess the student to determine their personal strengths and weaknesses
5. **Set goals** - Set goals and objectives for the student to improve according to their personal assessment
6. **Plan** - Plan out how and when the student should be reaching their goals
7. **Act** - Take action to help the student achieve their goals through exercises, games, and planned activities.
8. **React** - Assess the student's progress and make adjustments accordingly to ensure faster improvement times
9. **Evaluate** - Evaluate whether the student has met their objectives
10. **Celebrate** - Celebrate success
11. **Repeat** - Repeat the process and establish new challenges



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TRAINING FACILITIES

Training surface: Natural and artificial turf

Additional training facilities: Gym, swimming pool

Quality: ★★☆☆☆



Participants attend their training sessions on the academy's own training grounds which features several artificial soccer fields and one natural turf field. Training facilities also include a gym and a swimming pool which coaches use for additional off-field training.

COACHES

Licenses: UEFA pro license, Marcet coaching course certification

Coaching experience: FC Barcelona, Real Madrid, Mexico National Team, and other first division club teams around the world

Playing experience: Real Madrid, Boca Juniors, CF América, CF Atalante, and CD Toluca.

Languages: Spanish (coaches speak basic English)

Most coaches at the academy have the highest coaching qualification in Europe known as the UEFA Pro License. This license is necessary for managing in the FA Premier League and UEFA competitions and for coaching all major European first division teams. Academy coaches have experience coaching first division professional teams such as FC Barcelona, Real Madrid and other prominent teams in Argentina, Greece, and Mexico. They also have experience playing for European clubs like Real Madrid and Boca Juniors and Mexican clubs like CF América, CF Atalante, and CD Toluca.



ACCOMMODATION

Name of facilities: Àgora Student Residence

Location: 15 minutes by foot from the academy

Type of rooms: 2—4 students per room in pull-out beds

Bathroom: Private

Quality: ★★★★★

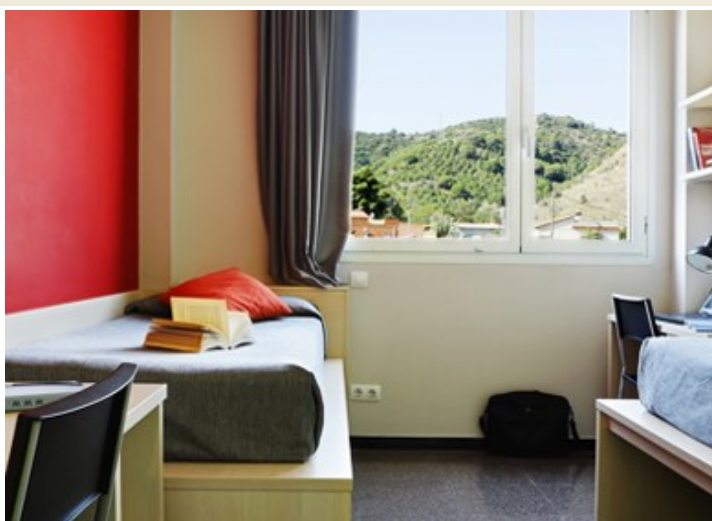
Participants in the Barcelona High-performance Intensive Winter Soccer Programs stay at the **Àgora University Student Residence**, located 15 minutes by foot from the training facilities.

They share the residence with the students of Àgora University. However, participants in the academy's intensive winter programs all reside on the same floor for improved comfort and security.

The participants stay in **double or quadruple rooms (two to four students per room)** and sleep in **pull-out beds**. The rooms are small yet comfortable, and each room has its own private bathroom to be shared amongst the roommates.

During their free time, the young athletes are welcome to enjoy the many common areas in the residence including the lounge, a game room, a TV room, and a heated swimming pool. The residence also has **free Wi-Fi** so they can contact their families or attend to their school work.

Participants have access to the residence vending machines for snacks. Meals are served at the academy closer to the training facilities.



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SAFETY AT THE CAMP/ACADEMY

The Intensive Winter Soccer Programs take place at the Barcelona High-performance Academy campus in the city of Barcelona, Spain. For the participants' safety and health, academy staff includes physiotherapists, physical trainers, nutritionists, and sports psychologists.

Spain is considered a safe country, ranked 17 out of 162 on Safe Around's Country Safety Index. That being said, Barcelona, is one of the largest, most populated cities in Spain which means higher petty crime like theft and pickpocketing. So, while the academy itself is safe, we don't recommend participants to leave campus and explore the city by themselves. For more information about safety and security at the academy, please contact Ertheo.



ADVICE FROM ERTHEO



The Barcelona High-performance Intensive Winter Soccer Programs are for young athletes who are serious about improving their skills in a short period of time. Participants in these programs join the full-time academy students as they attend professional-style soccer training sessions. Would you like to experience life as a full-time academy student at the Barcelona High-performance academy?

If you're interested in participating in an intensive soccer program during the scholastic year, a Barcelona High-performance Winter Soccer Program might be a good option for you. The academy is flexible with start dates and durations. Contact Ertheo to learn more.

The experience overall has been amazing from playing soccer every day, something I love to do to spending time with my roommates and other teammates that I've become friends with.

~ Jacob Wright

They play very fast. In Seattle, soccer is slower, decision making is slower. But here it's really fast, you just have to think way in advance about what you're going to do.

~ Justin Fazio

PROGRAM OBJECTIVES



To receive personalized guidance about the best way to advance your soccer career



To train and compete (friendly matches) with the best coaches and young soccer players in the world

PROGRAM HIGHLIGHTS



Intensive training for advanced/elite soccer players. Train with experienced and qualified coaches alongside some of the most talented young athletes in the world.



Specialized training program for goalkeepers. Goalkeepers follow a unique training plan with qualified coaches to improve their skills between the posts.



An exceptionally unique international experience. As one of the most prestigious academies in the world, students travel from all over the world to attend their programs.



Flexible start dates means you can start the program at anytime during the scholastic year. Choose this academy for a chance to work around your vacations and your exams.



The academy develops a soccer career plan for participants in this program. Learn what you need to do to advance your soccer career and play professionally.

THIS PROGRAM IS FOR YOU IF...

- You're interested in attending a full-time academy program at the Barcelona High-performance Academy
- You're used to intensive training for many hours a day at an advanced/elite level
- You're interested in learning about your personal strengths and weaknesses as well as how you can advance your soccer career
- You're looking for a program you can personalize to fit your own schedule and obligations (personalizable program with flexible start dates and durations and flexible education options)

THIS PROGRAM IS NOT FOR YOU IF...

- You are not used to training for many hours a day and/or don't play at an advanced/elite level
- You get easily overwhelmed and/or lost in hectic environments and would prefer a more familiar-like atmosphere
- You don't speak any Spanish and are not interested in learning

PRICES AND DATES

Prices include the training program, accommodation, and full room and board.

Basic Description

For advanced/elite soccer players (boys and girls) from 6 to 21 to spend one to six weeks of the school year training alongside full-time academy students at one of the best soccer academies in Europe. Intensive Winter Soccer Programs also serve as try-outs for the academy's full-time programs.

Start dates

- Flexible start dates and durations

Duration	Price
1 Week	<u>1999 €</u>
2 Weeks	<u>2829 €</u>
3 Weeks	<u>3914 €</u>
4 Weeks	<u>4944 €</u>
5 Weeks	<u>5974 €</u>
6 Weeks	<u>7004 €</u>



EXTRA SERVICES

You can purchase one of the extra services below at an additional cost:

- [Standard transfer service*](#) (transportation to the camp from the closest airport or train station)
- 50€ one way (100€ round trip)
- [Unaccompanied Minor](#) (a monitor with the student during their flight) - Ask Ertheo
- [Travel/medical insurance](#) - Ask Ertheo
- [Cancellation insurance](#) - Ask Ertheo

Nearest airport / train station:

- Barcelona Airport / Sants station

Other available destinations (contact us for more information about price and transfer schedule):

- None

Transportation to the camp (flights/trains) not included.

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HOW TO SIGN UP

Interested in signing up? Click **Ask Ertheo** or talk to one of our Sports Program Consultants about the program. Or click **Sign up now** to receive a personalized quote and start the registration process.

Our clients who ask for our guidance are much more satisfied with their overall experience. Talk to one of our consultants before you choose a program to make sure you're making the right decision.

Option 1 (RECOMMENDED)*

- | | | | |
|---|---|--|---|
| 1. Click Ask Ertheo to fill out a short questionnaire and ask any question you might have about the program. | 2. Discuss your options and questions with one of our Sports Program Consultants . | 3. Select a program and receive a personalized quote. | 4. Make the first payment to start the registration process. |
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Ask Ertheo

Option 2

- | | | |
|---|---|---|
| 1. Click Sign up now to receive a personalized quote | 2. Receive a personalized quote along with additional information about the program. | 3. Make the first payment to start the registration process. |
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Sign up now

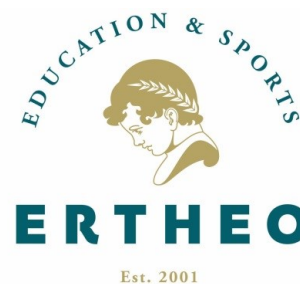


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EDUCATION & SPORTS

ABOUT ERTHEO

At Ertheo, we believe that as much as young athletes deserve the chance to be successful, parents deserve to feel confident that they've made the right decision to support their child's development as athletes, scholars, and as people. That's why we made it our mission not only to offer and endorse the best youth sports programs in the world for athletic improvement and personal development, but also to provide athletes and their parents with expert advice for choosing the right program to support their goals.



HOW DO WE DO IT

Careful selection - Your athletic improvement, academic success, and personal growth are important to us. We want to make sure that all of our programs support your goals, and of course, that all our programs are safe. That's why, when we're considering offering a new program, we visit the academy's facilities, talk to the coaches and camp directors, and get feedback from past participants. If we like what we see and hear, we'll offer and endorse their programs. If not, we won't offer them to you.

Thorough research - We thoroughly research all our programs so we know which ones are best for your athletic improvement, academic success, and growth as a person. We research the knowledge and experience of the coaches, the skill level of camp participants, the number of players in each training group, the hours of training per week, the coaching methodologies, etc. Then, we use our expertise to help you choose the right program for your personal objectives.

Helpful relations - When we begin working with a camp or academy, we immediately begin building a relationship with them. We do this so we can help each other improve, and so we can provide you with a better experience. Ertheo students are a priority for the camps and academies. If you come to us with questions or concerns during your time at camp, we'll contact the camp or academy for you to help solve the problem. Our relationships with our program providers help us guarantee that our students are satisfied with their overall experience.



Youth sports programs - We offer and endorse the best youth sports programs in the world. All our programs ensure athletic improvement, academic development, and personal growth and prepare students for success in all three areas. [See all programs](#)



Professional guidance - We provide comprehensive, sincere, and personalized customer service to help athletes and their parents choose the right program to improve their skills and achieve their goals.



Additional resources - We provide all our students with additional resources to help them reach their full potential in sports, education, and in life.

Thank you for choosing Ertheo!



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**Do you have any questions? We'd be happy to help.
Send us an email, or call us at one of the numbers listed below.**

Email

info@ertheo.com

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